

SKYLINE

Thursday, September 16, 2010

METROPOLIS

Calendar

Upcoming

SEPT. 30. GET ENERGIZED THROUGH NUTRITION AND EXERCISE. 2 p.m. 3rd floor of Northwestern Memorial's Prentice Women's Hospital at 250 E. Superior. Explore the connection between nutrition, "super foods" and exercise as a foundation to overall well-being for every age group, especially seniors. Refreshments served. RSVP for this complimentary event to Dawn or Kathleen at 312-915-0850.